

# Benefits and Barriers to Volunteering and Helping

*This worksheet was created by The Denver Foundation's Inclusiveness Project ([www.nonprofitinclusiveness.org](http://www.nonprofitinclusiveness.org)) to support organizations doing inclusiveness work.*

*Users are encouraged to customize the worksheet to meet the needs of their respective organizations.*

## **Instructions**

- Discuss the benefits that people of color might experience if they volunteer with your organization and the potential barriers that might discourage people of color from volunteering or helping your organization.
- Write down the results of your discussion below.

## **Benefits**

## **Barriers**

**Name of Organization** \_\_\_\_\_

**Date Exercise Completed** \_\_\_\_\_